

NEXT WEEK IS HALF TERM WE RETURN ON WEEK... TRINFORM

Learning in Lockdown 3.0

Edition No. 23: Friday 12th February 2021

$Heads\text{-}Up! \ \ {\tt A\ message\ from\ Simon\ Godden,\ Principal}$

Dear Pupils, Parents & Families,

Well...another 'unique' half-term passes us by! I'd like to begin by congratulating our pupils on their response to remote education; we have all been so impressed. Much like the process you will be familiar with when writing an essay (planning, drafting, re-drafting and then writing the final piece), we have been through a similar process with remote education. We completed our 'planning' and 'first draft' last year, had the opportunity to 're-draft' over the Autumn term, and then very suddenly found ourselves producing the 'final piece' at the start of the Spring term. And the end result? Not too far from a genuine masterpiece in my opinion! Whatever the challenges, they have been embraced by pupils, staff and families alike and as a result we have kept moving forwards together, one day at a time, learning every step of the way.

As I write this, I am in the somewhat unfortunate As I write this, I am in the somewhat anyonamic (or fortunate depending on your viewpoint) position of having left my mobile phone at home today - the horror! However, inspired by last week's 'Ditch the Device Day', this is something I am trying to embrace more frequently. We must free

ourselves at times from the shackles of our devices, and it was truly inspirational and genuinely heart-warming to hear the many stories and examples of how you embraced the day and the activities you got up to. Reading a book, going for a walk, getting creative with arts and crafts, cooking, spending real and genuine time with our families...so much to be thankful for. As if building on that momentum, the vast majority of us were then blessed with a canyas of snow - enticing us outside and reminding of the importance to marvel in nature's beauty, to again ditch our devices and go outside and play (obeying all social distancing rules obviously!), sledge or build a snowman for no other reason than to have fun and be joyful.

As we move into half-term, I want you to be motivated by 'Ditch the Device Day' and indeed the snow, and aim to find joy. But remember to consider the words of the German composer Richard Wagner: "Joy is not in things; it is in us"

I hope we are able to see you back in school as soon as it is safe to do so.

Mr Godden

"IMAGINATION"

Hope, Compassion, Forgiveness

Albert Einstein said that: "Imagination is more important than knowledge". ("Being Human" Steve Chalke 2015)

What do you think that he was trying to say? Perhaps he was trying to put into words that it is what you do with your knowledge – how you understand, enact and visualise your world that is most important.

There have been debates for decades about what makes a "good" education, as if this alone involves simply feeding you knowledge which you then transpose onto an exam paper... depending on what you can remember!
Everybody knows that this is way too simplistic and in these dreadful times does not begin to cover the strains and stresses on everybody trying to teach, learn and stay alive all at the

Albert Einstein also said however: "If you can't imagine it, you can't do it". (ibid.)
This seems to sum up our human condition pretty accurately! After all, every ground breaking innovation, every outstanding piece of art or literature, or simply every essay starts with imagination. Daring to dream, thinking things through, wonderings, pondering...what if? This seems to sum up our vision here at Trinity School - how then do we live, with God working through us and with us?

Talking of God and faith we don't get to choose where we are born and when; but it is likely that this will define whom we are at least in terms of faith. As Archbishop Desmond Tutu put it "Don't we have to be reminded too that the faith to which we belong is far more often a matter of accidents of history and geography than personal choice?" ("God is not a Christian". Speaking truth in times of crisis. 2011)

If we truly believe in a God of love who exists throughout time and all creation then these ideas should give us great joy and hope. No matter who we are we are loved unconditionally. Also, the title of the Archbishop's book should give us all pause for thought, not simply we Christians! He points out that if we truly believe in this God of love who existed before creation itself then we would do well not to confine God to the narrow box of any particular faith tradition. Christians arrived pretty late on the historical scene, with Islam around 500 years later; but with our Jewish brothers and sisters we all worship the same God...! If however, we do not recognise the Godliness inherent in all people of every faith and none then we are kind of missing the point and narrowing our frames of reference.

In an upcoming magazine about faith and our school, many issues about tradition will be examined in greater depth, so that we can appreciate how often, the bitterest controversies can be based on false premises that leave no room for context. This could prove very exciting and many students and staff have already proved the extent of their imaginations and daring-do!

Proverbs 29.18 in the Hebrew Scriptures or Old Testament, states that: "Where there is no vision, the people perish". (Op.cit. 2015) This then is our calling, to build on our imaginations, hopes and dreams and give each other every support to follow that vision to literally Save Our

Rev Ali S. J. Healy

LGBT+ History Month 2021



Love Is Lo

To celebrate this, many museums are having special exhibitions, which you can explore online.

Here are the links for just three of the London museums.

https://www.museumoflondon.org.uk/schools/learning-resources/lgbt-history

https://www.nhm.ac.uk/discover/rainbow-museum-celebrating-our-lgbtq-staff.

https://www.rmg.co.uk/see-do/exhibitions-events/outing-the-past



The Calendar

22nd February: Year 11 Virtual Parents' Consultation Evening: Information has been issued.

11th March: Year 9 Virtual Parents' Consultation Evening: Further information will follow at the end of February.

18th March: Year 9 Options Programme: Further information will follow via email.



Some shout outs...

Our first Gold Awards for this academic year... congratulations to:

Alex Brdarski, Christina Forson-Nketsia and Polly-Anne Horsewell.

Captain Sir Tom Moore

Stand down soldier Your mission is done The danger is over There's no need to run You were trained well To obey each demand So take this and heed This one final command Rest your body And rest your eyes As we weep the loss When a good soldier dies Bask in the peace That you can now enjoy Embrace it for us Let it too be our joy The life that you lived Will constantly remind And bring on a smile To those you leave behind We thank you for serving Your loyalty stood true And hope that some day We will meet up with you



"For all those finding it difficult: the sun will shine on you again and the clouds will go away"

THE LIBRARY



This month is LGBT+ History month

What is LGBT History Month?

LGBT History Month is a monthlong, annual, celebration and remembrance of lesbian, gay, bisexual and transgender history.

It looks at the history of gay rights, which is also related to the civil rights movements. The main and overall aims of the month are to promote two things: equality and diversity.

One of the most effective ways of breaking down barriers is education and understanding, and what better way to get an insight in to the lives of those with different backgrounds to ourselves than to read their stories.

Below are some useful links if you would like to explore and learn more about LGBT+ history: The British Library LGBT+ <u>Timeline</u>

Official LGBT+ History month YouTube https://www.youtube.com/channel/ UCT4nBN8y9zvWmW0kqZrSthQ/featured

Official LGBT+ History month https://lgbtplushistorymonth.co.uk/

There is a wealth of Teen and YA fiction available to read which will help to create a greater understanding of young people's experiences. To view the books available from the school library, go to https://docs.google.com/presentation/d/1VVWsPGUDDJVKr_LLRGRAU1R-zeV8ojAvq2FKGpIRtCO/edit#slide=id.p.

You can access the school library LGBT + reading list in full by logging in to the Library catalogue here https://u016348.microlibrarian.net/

Forgot your password? contact library@trinity.bexley.sch.uk

If you want to view books available more widely, there are some further reading lists below. I am sure that some, of these will be available to download from your local library.

Here is the link for Bexley Libraries https://arena.yourlondonlibrary.net/web/bexley/digital-library

The Book Trust says

"It's important for everyone to see themselves in books - and to discover other people's experiences, too. With that in mind, we've put together a list of brilliant books featuring characters who identify as trans, non-binary or gender fluid alongside non-fiction titles that explore these themes."

Take a look, you may like to read one yourself, some of these books can really open your mind.

https://www.booktrust.org.uk/booklists/l/ lgbt-ya/

https://www.booktrust.org.uk/booklists/l/lgbt-picture-books/

https://www.booktrust.org.uk/booklists/t/ transgender-and-non-binary-characters/

Last week should have been Harry Potter Night! Not to worry, the event has been postponed until the summer. However, for those of you who were looking forward to a Harry Potter quiz this month you can have a go at the Harry Potter Trivia here Plus much more here

Enjoy Exploring & Happy Reading! library@trinity.bexley.sch.uk

World Book Day

You're invited to...

Scholastic Live World Book Day Event Week!





WORLD

Scholastic Live World Book Day Event Week

Monday 1st - Friday 5th March

MONDAY 1ST TUESDAY 2ND WEDNESDAY 3RD THURSDAY 4TH

10am drawalong



Doodle along Tom Gates style with Liz Pichon Ages 7–12



Live history drawing with **Thiago de Moraes** Ages 7–12



How to draw with Tom Knight (special guest: Michelle Robinson) Ages 3-6



How to draw with Nicola Slater Ages 3–6



FRIDAY 5TH

Live nature drawing with Sharon Rentta Ages 3-6

11am writing workshop



Writing comedy with Simon James Green Ages 8–12



Write like a wizard with Kimberly Pauley Ages 8-12



Riddles and mysteries with Lisa Thompson



How to make everyone laugh with Helen Rutter Ages 9–12



Fantasy worldbuilding with Vashti Hardy Ages 9-12

2pm writing workshop



Victoria Schwab and Spooky Stories, in conversation Ages 10–13



Writing workshop with Kimberlie Hamilton Ages 8–12



Welcome to Albion with Annaliese Avery – exclusive preview event! Ages 9–12



Design a witch with Katy Birchall Ages 10–13



Writing history with K. N. Chimbiri Ages 9–12

4pm book club



Kereen Getten Ages 9-12



Vick Hope Ages 9-12



Dan Freedman Ages 8-12



Ages 8-12



ges 7+

Age ranges are for suggestion only - all children are welcome to join the events

A week-long jam-packed schedule of live events with your favourite authors and illustrators!





GROWTH When we find good books, we find ourselves

CHOICE **Curiosity has no** age limit and neither do books

POWER We read today, for a powerful tomorrow

KNOWLEDGE Books give us the knowledge to own our futures

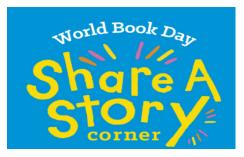
There are 12 £1.00 books to choose from available from bookshops and some supermarkets. World Book Day book tokens will be valid from Thursday 18 February – Sunday 28 March 2021. In 2021 participating booksellers will honour the tokens beyond the 28 March while stocks last. Please contact your local bookseller to check if they are able to offer £1 off other titles.



Empowering books for your To Be Read pile - these are the books that will change the way you think #ReadingIsPower



It is World Book Day next month



There are three events on the 3rd to the 5th March. For full detail <u>click here</u>



Friday 5th March at 10.30am

Each event will last approximately 30 minutes. You can find out more about each event, and submit a question for your favourite author, at the link above.

There are loads of resources, fun activities and reading lists to explore here.

For younger children, or those who love a good picture book, take a look at the <u>Share a Story Corner</u> for some great videos to





Some PE shout outs...

Trinity 150km Challenge:

Congratulations to Keisha Lincoln, Katie Pearce, Amy Brooks, Lucy Brooks and Noah Fitzpatrick who have all completed the challenge, a fantastic effort. With 9 days to go there is still time to get some more kilometers in and complete the challenge. The full list of finishers will appear in the next edition of the Trinformer.

School Games:

Well done to the following students for their efforts in the 'School Games' Step Challenge and Stair Climb Challenge. Each week students have been asked to submit their scores to us in order that our whole school total can be placed in competition with other schools in the borough.

Keep those results coming to see how many we can reach! Amy Brooks, Lucy Brooks, Molly Fitzgibbon, Harrison Gee, Lexie Griffiths, Oliver Harvey, Jessie Janeway, Anais Kaur, Keisha Lincoln, Faith Marcus, Finley O'Connor, Maya Saggu, Claudia Scrutton, Daisie Tune, Grace Watson, Chloe Ward and Emily Young.



National Apprenticeship Week

This week marks National Apprenticeship Week to highlight the range of careers from aircraft engineer to zookeeper (and everything inbetween) that are available through an apprenticeship pathway.

Information for students is available here: https://www.apprenticeships.gov.uk/apprentices

Parents/Carers can download a factsheet about apprenticeships here:

https://www.gov.uk/government/publications/a-parents-guide-to-apprenticeships

Over to... Technology

You may have heard someone talking about someone and using the phrase, "He or she is like a fish out of water". It's often used when people find themselves in unusual situations or may be struggling in an uncomfortable environment. Well, here we are again, in another lockdown — an unusual situation, an uncomfortable environment. Perhaps, a whole nation of pupils may be able to relate to that phrase as schools have returned to remote learning and so many questions may be flooding minds.

As for me, my thoughts ran along the lines of, "How are our pupils going to cope with the loss of the facilities in the Technology Department? How are the Technology staff going to cope?" Well, what I have discovered were so many examples of how much more resilient and resourceful our pupils and staff have become. Here are some examples.

In the Food & Nutrition Department, pupils have not only been carrying on with theory lessons in their remote learning but have been applying their practical skills by cooking suggested recipes at home with their families. The phrase 'taking lemons and making lemonade' comes to mind. Also, some of our staff have gladly used an opportunity to help our key workers' children (that must stay in school) to safely get cooking too. In the Product Design Department, every effort has been made to maintain some level of practical work and design expression alongside theory lessons. Take a look at what our Year 8 Product Design pupils have produced when presented with a 'Monster Challenge' using whatever spare items they could get their hands on. I think you will agree that the level of creativity and sense of fun runs rampantly across the whole project.



Year 8 Monster Challenge



It does not stop there. I just love this 'Cat Castle' presented by one of our Year 10 pupils. It's an example of one of our pupils just having fun with a project while housing a very regal, very contented and obviously very important pet.



Virtual Awards Roll Call:

The following Year 11 pupils have been awarded Bronze and Silver awards since November

Bronze Award: Rianna Pette De Oliveira Barbosa, Emmanuella Boakye, Bukunmi Afolabi, Otabil Adams, Olumide Abimbola, Maureen Asemah, Adeoluwafigbayemi Apena, Jessica Dickson-Sabestine, Raheem Temple, Ope Ogunyemi, Katie-Jane Anderson, Hollie Clarke, James Dale, Jervais Kpeto, Charlie Brown, Racheal Oteje, Maroua Hor, Faith Koubemba, Kyana Evans-Bryan, Katie Lewis, Ellie-Page Jordan, Samuel Thomas, Janell Renner-Sijuade, Aliyah Adekunle, Shanice Williams, Olivia Olsen, Joshua Ogbonna, Jala Brooks-Roger, Kellan Chu, Amy Brooks, Gift Okeh, Rachel Frempong, Beatrice Odesanya, Hannah Ford-Hunt, Denetron Augustine, Shaka Henry, Rachael Adeolu, Esther Mulungi, Daisie Tune, Alexandra Iduh, Hamaira Ramzan, Matthew Bailey,

Tobi Toyinbo, Mine Muslu-Richards, Joshua Ogungbemi, Abraham Ademoroti, Lauren-Eve Martin, Jodi Causbysmith, Aretha Crentsil, Raehse Slattery, Teddi Murphy, Skye Blue Pattinson, Busola Osho, Manraj Judge, Ines Onguene, Emiko Uwale, Jadesola Onile-Ere, Katelyn Millen, Daniel Olusoji, Caitlin Francis, Jude Pfeiffer, Ria Sharma, Maya Lota, Jamila Bundu, Claudia Scrutton, Roshen Arthanayake Mudiyanselage, Anastasia Stewart, Elliot Sloman, Adeoluwa Akande, Rachael Inanjo, Anjali Manku, Loubell Perkins, Precious Alaba, Piotr Dylo, Sharon Ijiwola and Kabirah Hassan

Silver Award: Kyra Idel Lima and Temilade Segun

Wellbeing



Move it, Move it!

Exercise is so vital to keeping your body and mind healthy.

Whether it's walking, running, cycling, doing weights, dance, yoga or pilates, it doesn't matter. Whatever you enjoy and makes you feel good. Any kind of workout gets those happy hormones flowing.

The app Downdog which offers opportunities for yoga, meditation, HIIT etc. is offering free membership to all students until 1st July 2021. Sign-up with the link below.

https://www.downdogapp.com/schools

Top Ten @ Tassomai

The following pupils are the top 10 GCSE performers on Tassomai from 22/01/21 - 05/02/21. Congratulations to those of you using Tassomai to support you learning online.

- 1. Mine Muslu Richards
- 2. Raheem Temple
- 3.Gabriel Alcazar Richter
- 4. Denetron Augustine
- 5. Maya Lota
- 6. Callum Penney
- 7. Lanre Alao
- 8. Adam Safi
- 9. Elliott Lancashire
- 10. Simran Panesar



Rights Respecting School:

Rights Safer Internet Day: 9th February

What is it: It is a global event to help everyone think about being as safe as possible when we are online. This is particularly important in todays society at a time when we completing lots of work online too.

Bronze Committed



Rights Link: Article 16:

The right to privacy: Every child has the right to privacy. The law should protect the child's private, family and home life, including protecting children from unlawful attacks that harm their reputation



Rights Link: Article 17:

Access to information from the media: Every child has the right to privacy. The law should protect the child's private, family and home life, including protecting children from unlawful attacks that harm their reputation.

Virtual Awards Roll Call: The following Year 7 & 8 pupils have been awarded Bronze, Silver & Gold awards since 15th Jan

Year 7

Bronze Award: Russell Ziolek, Freya Wylde, Teddy Arlain, Pendo Awori, Lexi Shillingford, William Hattingh, Thomas Hall, Thomas Boateng, Daniel Nesari, Kristopha Ansell, Katie Nicholson, Theo Quince, Rae Witter-Haxell, Finley Salter, Eduard Pavel, Charlie O'Brien, Georgie McMahon, Dylan Jay James, Adelana Ajao-Olukoko, Ki'Ana Roberts, Luke Beedell

Silver Award: Boyd Bragger, Viktorija Sickute, Riley Rackley-Cloke, Gagandeep Thumber, Ethan Lenney, Miley-Louise Scotland, Priya Lota, Nigel

Ansah, Jessica Myatt, Grace McCarthy, Oliver Smith, William McLeod, Christian Dantas, Ewan Snee, Lexie Griffiths, Simi Kuye, Abbie Sacre, Ava Young, Danyaal Ismail

Gold Award: Christina Forson-Nketsia, Polly-Anne Horsewell

Year 8

Bronze Award:Lexie Gallagher, Ruben Walton, Teddy Hawkins, Joshua Aka, Divine Ifede, Billy Wilkins, David Emordi, Zakariyya J'Bair, Blake Hodges, Ahmad Tajali, Enna Ndah-Annordjoe,

Lily Cosshall

Silver Award: Thella Jobarteh, Benny Pratt, Johanna Burrell, Paige Weston, Nedyalko Hristozov, Eleonora Kuzmane, Kye Uzoma, Faith Olamide, Anais Kaur, Nicola Fichardo, Harman Panesar, James Suckling, Ela Atma, Imogen Stocker, Damola Alao, Jessica Ashley-Ahearne, Curtis Akoto-Darko, Michael Lopes, Rayyan Awan, Milan Sodhi, Isobel Georgina Johns, Tegan Johnson, Ieva Roga, Keira Knowles, Luke Gardner, Maisie Pearce, Kesler Awozele,

Gold Award: Alex Brdarski



We had such a fantastic feedback for Ditch the Device Day (over 265 responses)!

Everyone took advantage of the rest from online work and made good use of their time. The word bank shows some of the most common themes.

Overwhelmingly, spending quality time with family was the dominant one. Creative and artistic pursuits as well as every form of exercise you can think of, were very popular. Also lots of baking and cooking, singing and listening to music, walking and appreciating nature, spa days, building dens, playing with pets and just...being quiet.

Next edition, we will publish some of the many photos that you sent and some more of the comments. Remember, looking after your wellbeing is vital, so do more of these activities more often.

"Watching and laughing at the films with my Dad."

> "Reading my book because I usually don't have time for this."

"Learning new things and giving my brain a rest from technology."

"The best part is when I am sitting down eating dinner with my family watching TV."

"Not being

stuck staring

"The activity 1 enjoyed most was the origami because it gave me a chance to at my screen" relax and do something peaceful."

"I enjoyed "Art because everything." ít ís fun."

"Dancing to music because it helped me relax."

"Spending time with my family without having to worry about what's on my phone."

> "I enjoyed PE it gave me a lot of energy."

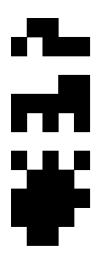
> > "Making people laugh made us all feel good."

> > > "The best part of the day was being able to draw something from imagination."

different type lot of exercise favourite activities | Ittle bit new music vampire diary time of silence books favourite subject lockdown lot of energy lovely view mum tree truck friend fresh air live lessons massive bike ride funny movies Cake dog scone accent bike ride music long bath math form of relaxing amount of time long walk whole day basket ball un phone enjoyed activities evening walk board games tong time history time day of walk lot of time DE WOLK chocolate brownie break device sister lot of fun mental health relaxing day terms of life long shower screen new things school work home alone younger siblings screen al day future trip next year arctic roll piece of paper

Over to... Computer Science and IT

Create Binary Monsters



32

16 8



Calculations
16 + 8 + 1 = 25
32 + 8 + 4 + 2 = 46
0
2+1=3
32 + 16 + 8 + 4 + 2 + 1 = 63

	Denary Code
	25
	46
	00
	03
	63
Ī	

Binary

Code

Use the grids to design your own Binary Monster, then use the calculations column to work out the binary code.

Design your own monsters!

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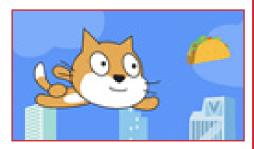
Calculations				

Coding Adventure!

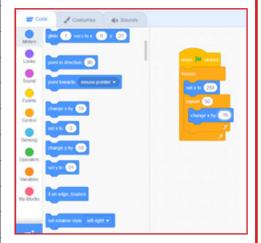
Join Year 7s on a

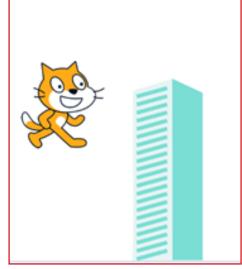
Follow the algorithm to create and share your own game

- Visit https://scratch.mit.edu
- Click Join Scratch to register
- Click create to start creating your program



- Click Tutorials for ideas
 Here is an example of a flying cat Make it fly!
- Create another sprite as the building
- Use the blocks of code to make the





Questions in Computing...

Does a hard disk drive weigh more when it is full?

Can a computer think?

How much does an email weigh?

How big is the Internet?

Could we live without computers?

Share your program:

- Click the My Stuff button near the top right of the web page
- Click the title of your project
- Click the Share button.

Paige's & Patten's Pancakes

You may know this day as pancake day but there is more to Shrove Tuesday than pigging out on pancakes (although that is a wonderful part of the day)!

In Christian tradition, Shrove Tuesday is the day before Lent starts. It is a day of celebration where a Christian asks for forgiveness and cleanses their soul of sin. Shrove Tuesday gets its name from the ritual of shriving that Christians used to take part in. Shriving is when a person confesses their sins and is forgiven for them.

This tradition is over 1000 years old! Lent begins the day after Shrove Tuesday. Lent is a time of abstinence (giving things up). Christians traditionally give up luxury foods and drinks during the period of Lent to commemorate when Jesus fasted (didn't eat) for 40 days and nights in the Judean desert.

Shrove Tuesday is the last chance to indulge and use up the foods that aren't allowed to be eaten $\dot{\text{d}}$ uring Lent. Historically, Christians would give up foods such as meat, fish, fats (e.g. butter and cheese), eggs and milk. To prevent food from being wasted, Christian families would have a feast on Shrove Tuesday and eat up all the foods that wouldn't last the 40 days.

The requirement to give up fats gave rise the French name for this day: Mardi Gras! Mardi Gras is celebrated as a fun-filled, colourful carnival in many countries around the world. Those of you who study French should be able to work out at least half of this phrase. It means 'Fat Tuesday'! So where do pancakes come into the equation? Pancakes became associated with Shrove Tuesday



as they were a dish that could use up all of the eggs, fats and milk in the house with the simple addition of flour!

As you are tucking into your pancakes next Tuesday – bacon and maple syrup is my topping of choice – think about the origins of Shrove Tuesday. Will you be giving something up for Lent as Jesus did? Could you get by without eating meat, fats, eggs and milk for 40 days?



Miss Patten's Top Pancake Recipes

Traditional Pancakes

"Easy Pancakes" from BBC Good Food https://www.bbcgoodfood.com/recipes/ easy-pancakes

Ingredients:

100g plain flour 2 large eggs 300ml milk

1 table spoon of sunflower or vegetable oil (plus a little extra for frying)

Toppings:

Lemon and Sugar Nutella Ice cream, toffee sauce and bananas Bacon and maple syrup Melted chocolate, whipped cream and strawberries

Method:

Step 1: Put 100g plain flour, 2 large eggs, 300ml milk, 1 tbsp sunflower or vegetable oil and a pinch of salt into a bowl or large jug, then whisk to a smooth batter.

Step 2: Set aside for 30 mins to rest if you have time, or start cooking straight away.

Step 3: Set a medium frying pan or crêpe pan over a medium heat and carefully wipe it with some oiled kitchen paper.

Step 4: When hot, cook your pancakes for 1 min on each side until golden, keeping them warm in a low oven as you go.

Step 5: Serve with lemon wedges and caster sugar, or your favourite filling.

American Pancakes:

"Pancakes USA Stylie" from Jamie Oliver https://www.jamieoliver.com/recipes/eggs-recipes/pancakes-usa-stylie/

Ingredients:

3 large eggs

115g plain flour

1 heaped tea spoon of baking powder

140 ml milk

Toppings:

Blueberries Mixed berries

Bananas

Bacon Chocolate

LOTS OF MAPLE SYRUP!

Method:

Step 1: First separate the eggs, putting the whites into one bowl and the yolks into another.

Step 2: Add the flour, baking powder and milk to the yolks and mix to a smooth thick batter.

Step 3: Whisk the whites with 1 pinch of sea salt until they form stiff peaks, then fold into the batter – it is now ready to use

Step 4: Heat a non-stick pan over a medium heat, pour some of the batter into the pan and cook for a couple of minutes, or until it starts to look golden and firm.

Step 5: At this point sprinkle your chosen flavouring (toppings) onto the uncooked side before loosening with a spatula and flipping the pancake over. Continue frying until both sides

Step 6: You can make these pancakes large or small, depending on what you prefer.



Mailboxes

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Psychology@trinity.bexley.sch.uk **PSHE & Citizenship:** pshe@trinity.bexley.sch.uk **Public Services and**

Travel & Tourism: geogvoc@trinity.bexley.sch.uk Religious Education: re@trinity.bexley.sch.uk Science: science@trinity.bexley.sch.uk SEN: sen@trinity.bexley.sch.uk Sociology@trinity.bexley.sch.uk